



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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Covid-19 Enhanced Health and Safety Procedures

For the protection of our staff, program participants, and community, the Winona Family YMCA has implemented enhanced health and safety procedures to help limit the potential spread of germs during childcare hours.

Procedures:

1. A health screening will be conducted upon check-in to YMCA programming that will include;
 - a. Taking and recording of temperatures.
 - b. Question screening including asking;
 - i. Have you traveled to a Level 3 region within the last two weeks: [CDC travel recommendations](#)?
 - ii. Do you have a confirmed case of the virus?
 - iii. Do you have a household member with a confirmed case of the virus?
 - iv. Do you have or have you had any flu type symptoms in the last two weeks?
 - v. How are you feeling today?
 - c. Sanitizing hands before entering the facility.
 - d. Parents will not go beyond the Health Screening table. This is to ensure we have fewer people entering in and out of the building to help limit the spread of germs.
 - e. Only one family at a time will be allowed into the lobby for drop off. All other families should wait outside of the doorway to the YMCA until the next family leaves, leaving 6 feet in between themselves and the next family.
 - f. All families are asked to stand behind the taped off lines to protect YMCA staff conducting health screenings and check-in/out procedures.

Policies:

1. If a child is found to have an elevated temperature, they will be turned away from programming until their temperature is back to normal ranges. Additionally, based on the responses to the question screening, if they are considered to have a high risk of carrying Covid-19 or the flu, they will be turned away from childcare for a minimum of 14 days.
2. If a child exhibits any signs of illness during program hours;
 - a. Parents will be called within 5 minutes of the student telling staff they feel sick, or staff observing that the child might be sick
 - b. An additional health screening will be completed to observe if any changes in temperature have occurred
 - c. Parents will be required to come pick up their child within one hour of the phone call
 - d. Children will be kept in a safe, isolated space away from other children (but within sight of a staff member) until they are picked up
3. Signs of illness that would constitute an immediate dismissal from programming include;
 - a. A fever
 - b. Vomiting
 - c. Sore throat
 - d. A dry cough, occurring consistently for 30 minutes



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- e. Difficulty breathing during low-energy activities. **Parents should report if students have asthma or difficulty breathing during high-energy activities.**
- f. Shivers or body aches
- g. Excessive fatigue
- h. Other flu or cold like symptoms
- i. Diarrhea

Extra Precautions

During the day, each staff member is assigned to sanitation shifts to help ensure the spaces participants are in are properly cleaned. Additionally, there is a float staff member on shift throughout the entire day to sanitize spaces regularly. Cleaning kits are kept in all spaces that the children are utilizing, and extra precautions will be taken to limit the supplies students use (for example, no plush toys, no access to spaces that are harder to clean).

Children will be kept in **groups of no more than ten students** and each group of students will be in a **separate space within the building**. There will be no crossover between groups throughout the day - each group will only interact with their group and staff members during program hours.

Program hours have been reduced to 7:30 AM - 5:30 PM to ensure staff have extra time to clean and sanitize spaces before and after childcare.

Assistance from Parents

This is a very serious time for our community and we need to be sure we're doing our part to limit the spread of Covid-19. To assist the YMCA in protecting their staff, participants, and community, we ask that parents talk to their children before child care about the importance of limiting the spread of germs by;

1. Covering coughs and sneezes with the crook of their elbow.
2. Washing their hands frequently.
3. Keeping a distance from others, including staff, and not touching anyone intentionally.
 - a. This is especially important for our staff, who often receive unexpected hugs or hand holding for younger students. Please help keep our staff safe by discussing with your children the importance of our "personal bubble" and ensuring no one enters into theirs and that they do not enter into other people's "personal bubble".
4. Alerting staff as soon as possible if they feel even the slightest bit sick so that staff can monitor the situation closely.
5. Not sharing personal items and generally keeping personal items contained in their own backpack. This includes food.

With your help in these areas, we can hope to be more intentional during this difficult time to limit the spread and impact of germs so that we can continue providing all day childcare. Thank you for helping us, we appreciate your support in this area!