FIND YOUR ADVENTURE

JOIN US FOR THE BEST SUMMER YET

Winona Family YMCA Summer Camps

WINONA FAMILY YMCA AND CAMP WENONAH

WELCOME TO CAMP WENONAH

A summer at Camp Wenonah is more than camp songs and games, it´s a meaningful experience for all campers full of lasting memories and friendships. Whether it´s a week of Traditional Camp, full of fun and games, or a thrill seeking week of Recreation Camp, your camper is sure to have their best summer yet. So join us in the fun here at Camp Wenonah! You´re adventure awaits!

TRADITIONAL CAMP WENONAH

Traditional Camp Wenonah— Pre-K Camp

Pre-K children will participate in a preview to Camp Wenonah and explore all that it has to offer through structured activities led by trained YMCA Camp Counselors. Camp offerings will include hiking, shelter building, outdoor group games, arts and humanities, gardening, family night, and so much more! Campers will not have lunch at Camp Wenonah, but will be provided a mid-morning snack.

Traditional Camp Wenonah— K-8th Grade Camp

Campers will explore all that Camp Wenonah has to offer with structured activities by trained YMCA Camp Counselors. Camp will provide youth participants the opportunity to gain confidence in the outdoors and learn life skills that will help them grow as individuals and build strong friendships. Each Thursday, families will have the opportunity to join campers for a Family Night filled with camp activities and a group dinner. Campers third grade and older* are invited to overnight camping on Thursdays. Camp activities will be centered around themes relating to outdoor exploration, team building, crafts and games, and personal challenges. Campers should bring a lunch with them, afternoon snack is provided. Camp offerings include archery, hiking, shelter building, arts and humanities, gardening, ropes course, field trips, and much more!

Registration

To register for Camp Wenonah, call or stop by the front desk at the YMCA or register online.

$155 member | $185 non-member K-8th

$65 member | $90 non-member Pre-K

After Registration

Once registration is complete, you will receive an email with a Parent Handbook and weekly schedule, as well as a Family Night flyer. You will also receive a phone call the week before camp from your camper's counselor.

K-8th: 8:30 – 9:00 am drop off | 4:15-4:30 pm pick up
Pre-K: 8:30-9:00 am drop off | 12:15-12:30 pm pick up
*Grade child is entering into

CAMP WENONAH WEEKS

Week	Dates	Grades
Week 1	June 10-14	Pre-K, 5th-8th
Week 2	June 17-21	K-4th
Week 3	June 24-28	K-8th
Week 4	July 1-5	No camp this week
Week 5	July 8-12	Pre-K, 5th-8th
Week 6	July 15-19	K-4th
Week 7	July 22-26	K-8th
Week 8	July 29– Aug 2	Pre-K, 5th-8th
Week 9	Aug 5-9	K-4th
Week 10	Aug 12-16	K-8th

THEME WEEKS

Week 1— Aloha to Summer
An "Island City" welcome to summer with cool island vibes of a tropical paradise.

Week 2— Mad Scientist!
Nature is full of science that we often don't see. This week, campers will explore the awe-inspiring elements of science all around us!

Week 3— Passport to Another World
Camp Wenonah is all about exploration! Campers will explore a variety of cultures, experiencing camp traditions from all over the globe.

Week 5— Time Traveler
Ever wonder what Winona looked like hundreds of years ago? This week, campers will experience ancient civilizations, learning how past cultures thrived in the outdoors.

Week 6— Wet and Wild
Beat the heat with a week full of wet and wild fun! Campers will participate in a variety of activities focused on water, including kayaking, boat races, and so much more!

Week 7— Planet Earth Safari
Campers will be exposed to the incredible sites and sounds of the natural world, Through a deep look into all that nature can provide, this week will inspire and instill a respect for nature in all campers.

Week 8— Carnival Fun!
Come one, come all, we're bringing the carnival fun to Camp Wenonah! Activities will include a variety of carnival style games, including designing your very own booth. The week will end with a day-long carnival, filled with food, prizes, and tons of games!

Week 9— Color Wars!
A splash of color to your summer– explore a bright week of arts and games with us!

Week 10— Summer Challenge: The Ultimate Camp Experience
This week, we'll blend elements from the entire summer that campers loved most, creating a series of activities that are sure to end your camper's summer with a bang!

ADVENTURE AWAITS

There´s so much to do in the great outdoors, why not experience it all through Camp Wenonah´s Adventure Camps? Adventure Camps focus on various forms of outdoor recreation, teaching the fundamentals of sports like rock climbing and canoeing. Come learn how to safely explore the outdoors with us this summer, discovering new heights! You´re outdoor adventure awaits!

Rock On! Camp (5th-8th grade)

Is your camper fearless when faced with heights? Do you always find them climbing trees? Consider a week at Camp Wenonah's Rock On! Camp. Campers will learn the basics while exploring the sport of outdoor rock climbing. Campers will go climbing at Winona's Sugarloaf, and will grow comfortable with heights during a day at the Camp Wenonah Ropes Course.

New Heights Camp (9th-12th grade)

If your camper already has an interest in rock climbing, or maybe wants to learn more about the sport, consider sending them to Camp Wenonah's New Heights Camp! At New Heights, campers will learn all about rock climbing, from setting anchors, to belaying and communicating with a partner, and everything in between. Campers will go climbing at Winona's Sugarloaf and will learn how to use critical thinking while climbing to accomplish their goals.

CAMP SESSIONS

Camp	Dates	Times
Rock On!	June 17-21	8:30 am -12:30 pm
New Heights	June 24-28	8:30 am -12:30 pm
Wet and Wild	July 15-19	8:30 am -12:30 pm
Y Riders	July 22-26	8:30 am -12:30 pm

Wet and Wild Camp (5th-8th grade)

Does your camper have a special love for the water? Why not send them to Camp Wenonah's Wet and Wild Camp! Campers will explore the fundamentals of kayaking and canoeing, while learning about safety on the water and how to properly paddle. Campers will go on field trips around the Winona area, including Lake Winona and the backwaters of the Mississippi.

Y Riders Camp (9th-12th grade)

If your camper loves to bike around town, or has developed an interest in mountain biking, consider sending them to Camp Wenonah's Y Riders Camp! At Y Riders, campers will learn the fundamentals of mountain biking and will test their skills on a number of local trails, including Camp Wenonah's brand new mountain biking trail.

JUNIOR COUNSELORS

Spend your summer doing something meaningful, while learning and growing as a leader!

WHAT IS A JUNIOR COUNSELOR?

A TRADITION OF CAMP WENONAH

The Junior Counselor program goes back deep within the Camp Wenonah history. Decades of families have been to camp, both as campers and Junior Counselors. As a Junior Counselor, you commit to three weeks of Camp to serve as a counselor-in-training and support the growth of the program. Junior Counselors learn how to facilitate programming with youth participants, develop skills in communication and problem solving, and learn all about the daily life of a camp counselor.

For students who have fond memories of summers spent at camp, Junior Counselors is a great way to gain a similar camp experience but in the capacity of a leader.

HOW DOES IT WORK?

Junior Counselors must submit a Volunteer Application through the Winona Family YMCA to the School Age Director, Alexa Shapiro. Alexa will conduct interviews with Junior Counselors, selecting a team of candidates to serve three weeks at a time (see dates below).

Before camp begins, Junior Counselors must attend an orientation to meet their counselors and learn about their role as a Junior Counselor.

Junior Counselors are expected to be available to volunteer for three weeks at a time, with one half day off a week. Camp runs from 8:30 am—4:30 pm, Monday-Friday.

Camp Weeks:

Session one: June 10-14, June 17-21, and June 24-28

Session two: July 8-12, July 15-19, and July 22-26

Session three: July 29-August 2, August 5-9, August 12-16

Junior Counselors can serve multiple sessions a summer, if desired.

FREQUENTLY ASKED QUESTIONS

IS THERE A REGISTRATION FEE?

The Junior Counselor program is free to participate in!

HOW DO I SIGN UP?

On the YMCA's website, go to the Camp Wenonah tab. Under there, you'll find information about Junior Counselors, including an application form. Once you complete the form, send it back to Alexa Shapiro at ashapiro@winonaymca.org. She will contact you to schedule an interview.

HOW ARE JUNIOR COUNSELORS SELECTED? ARE THERE LIMITED SPOTS AVAILABLE?

Junior Counselors are selected based on their interviews and references. Candidates with experience at Camp Wenonah or summer camps will be given preference as Junior Counselors, however any candidate who expresses an excitement and passion for the position will be considered. There are limited spots available per session.

WHAT IS EXPECTED OF JUNIOR COUNSELORS?

Junior Counselors are expected to arrive on time each day and be available for the entire day, with the exception of their pre-determined, optional, half day off. Junior Counselors are expected to follow the directions of their counselors and onsite supervisors, and demonstrate respect for those around them. They are also expected to serve as role models for campers, demonstrating the core values of the YMCA of honesty, respect, caring, and responsibility.

ARE THERE ANY PROGRAM BENEFITS?

Junior Counselors will receive a Camp Wenonah T-Shirt. They will be given a healthy snack each afternoon with the campers, and they will be invited to attend the Family Night on Thursday as well as the Thursday Overnight.

Junior Counselors who demonstrate the strengths and values of our counselor staff will be considered first for employment in following years, once they are 18 years of age or older.

FOR MOR INFORMATION:

For additional information, please see the YMCA's website at http://winonaymca.org, or email Alexa Shapiro at ashapiro@winonaymca.org.

OUTDOOR ENRICHMENT CAMPS

Explore more through Camp Wenonah's Summer Enrichment Camps!

HAPPY DANCING TURTLE

PROGRAM DESCRIPTION

Happy Dancing Turtle's Eco Camp provides a unique experience that combines environmental education and summer camp. We believe that a passion for stewardship begins with cultivating a love for nature and being outdoors. We'll engage campers in a variety of lessons, activities, games, stories, crafts, outdoor experiences and play, and more, all while learning about Minnesota plants and animals, renewable energy, gardening, composting, recycling, and how to be a responsible caretaker of our local environments!

Our theme this year is **Planet Power Pals**, a group of Minnesota's woodland critters with one mission: to save the Earth! Each age group will have their own mascot to help them become a Planet Power Pal! We'll even design our own capes from old T-Shirts, so we'll be ready for anything! Activities will vary by age group, but campers will have the opportunity to:

- Turn trash into treasure as we get crafty by reusing common household items
- Create animal habitats including bird houses/feeders, toad houses, and pollinator habitat
- Dive into predator-prey relationships in the food web through various games of tag
- Discover the wonders of animal adaptations with hide-and-seek games of camouflage, goofy dress-up costumes, and creative art activities
- Get our hands dirty as we learn about plants through gardening and forest exploration
- Go on daily nature walks to observe the flora and fauna of the area
- Gain basic outdoor skills through activities like fort-building and outdoor navigation
- Build our observation skills through interactive games, challenges, and writing activities
- Explore how to conserve our resource through interactive lessons, discussions, and science experiments on water, pollution, and consumer choices
- Most importantly, have fun while enjoying the great outdoors!

HAPPY DANCING TURTLE WEEKS

Mascot	Dates	Grades
The Bear Brigade	June 10-14	3rd-4th
The Raccoon Rascals	July 8-12	1st-2nd
The Rabbit Rangers	Aug 5-9 (half-day)	Pre-K and K
The Bat Battalion	Aug 19-23	5th-6th

INFORMATION

$145 per week of full day camp. $75 per week of half day camp. 8:30 AM—4:30 PM. Half day camp is 8:30 AM-12:30 PM.

REGISTRATION

To register, please call or stop by the front desk at the YMCA, or you can register online through the YMCA website.

QUESTIONS?

Please contact Nora Woodworth with any questions at nwoodworth@hugllc.com.

EXPAND YOUR MIND

The Winona YMCA Summer Specialty Camps seek to engage youth through enriching experiences that stimulate the mind and expand horizons. Through meaningful activities focused on various themes, youth will develop a passion for exploration and build strong, lasting friendships. Join us this summer as we explore more through Summer Specialty Camps!

SUMMER SPECIALITY CAMPS

Experience Science and the Arts through a whole new lens with the YMCA Specialty Camps!

SPECIALITY STEM CAMPS

HAPPY EINSTEINS (PRE-K)

Does your preschooler always ask questions? Are they curious why things happen? If so, consider registering them for Happy Einstein! Happy Einstein camp will be for pre-k kids getting their feet wet with STEM activities. Some activities include, but are not limited to, color changing volcanoes, nature collecting, homemade flubber, and more! Youth will learn about the why and how of science through different experiments lead by trained YMCA staff.

Dates: Week 3; June 24-28 "Happy Einsteins"- STEM Camp

Times: 8:30-12:30 PM

CURIOUS SCIENTISTS (K-4TH)

Is your camper curious about the world or want to become a scientist some day? Consider signing up for Curious Scientists camp! This camp gives K-4th graders a glimpse into what a scientist does. The lessons will be lead by trained YMCA staff and will include activities like catapults, making plastic, water bottle flipping, and more! The students will conduct their own experiments individually or with a small group. Experiments can include science, technology, engineering, and mathematics!

Dates: Week 1; June 10-14 "Curious Scientists"- STEM Camp

Times: 8:30 AM - 12:30 PM

INNOVATIVE MINDS (5TH-8TH)

Does your middle schooler enjoy science, technology, engineering, and/or math? Are they interested in solar energy, explosions, or other interesting STEM topics? If so, consider registering for our middle school science camp! This camp will focus on everything from constructing a solar oven and understanding weather to coding and scientific reactions.

Week 2; June 17-21 "Innovative Minds"- S.T.E.M Camp

Times: 8:30 AM - 12:30 PM

SPECIALITY ART CAMPS

HAPPY CRAFTERS (PRE-K)

Does your preschooler enjoy making arts and crafts? Consider registering them for our Happy Crafters art camp! This camp includes art projects based around summer such as sun catchers, shaving cream paintings, squirt chalk, and more!

Dates: Week 7; July 22-26 "Happy Crafters"- Art Camp

Times: 8:30-12:30 PM

AMBITIOUS ARTISITS (K-4TH)

If your K-4th grader enjoys creating art, consider registering them for Ambitious Artists! Ambitious Artist camp will focus on creating a variety of art, including yarn wrapped letters, paper weaving, straw flutes, and more! Ambitious Artists will explore a number of mediums of art, learning and expanding their creative side.

Date: Week 5; July 8-12 "Ambitious Artists "- Art Camp

Times: 8:30-12:30 PM

CREATE MORE (5TH-8TH)

Does your child have a creative mind? Do they enjoy writing, film, and everyday use crafts? This camp will offer middle schoolers the opportunity to be creative with their minds as they engage in creative writing, film, and crafts. Activities will allow for independence while teaching youth various skills that will enhance their creative endeavors.

Week 6; July 15-19 "Create More"- Art and Writing Camp

Times: 8:30-12:30 PM

DETAILS

Location: Winona Family YMCA

Price: $65 member | $90 non-member

Partial day child care is available for all half day camps. For more information, go to page 11.

YOUTH SPORTS CAMPS

Age appropriate competition takes place in an atmosphere that promotes character building, fair play, teamwork, and sportsmanship.

SPORTS SAMPLER CAMPS

PRE-K (AGES 3-5)

This week-long camp teaches basic skills and fundamentals of a variety of sports in a fun and recreational atmosphere. During this camp, children will get a sample of various indoor and outdoor sports and gym activities while developing their social skills and making new friends!

Dates: June 24th-28th

Location: Winona Family YMCA

Ages: 3-5

Times: 9:30 AM-12:30 PM, Monday-Friday

Price: $65 member | $90 non-member

K-4TH GRADE

This week-long camp teaches basic skills and fundamentals of a variety of sports in a fun and recreational atmosphere. During this camp, children will get a sample of various indoor and outdoor sports and gym activities while developing their social skills and making new friends!

Dates: July 29th-August 2nd

Location: Winona Family YMCA

Grades: K-4th

Times: 9:30 AM-12:30 PM, Monday-Friday

Price: $65 member | $90 non-member

PRE-SEASON FOOTBALL CAMPS

K-3RD GRADE

In this week-long camp, children develop football skills, teamwork, and sportsmanship! Supportive coaches build your child's confidence while having fun and being part of a team. The first half of each day will focus on developing fundamental skills in large and small groups. The second half of each day will be dedicated to competitive applications such as games and scrimmages. Beginners and experienced players are all welcome!

Dates: July 8th-12th

Location: Winona Family YMCA

Grades: K-3rd

Times: 9:30 AM-12:30 PM, Monday-Friday

Price: $65 member | $90 non-member

4-6TH GRADE

In this week-long camp, players develop football skills, teamwork, and sportsmanship! Supportive coaches build your child's confidence while having fun and being part of a team. The first half of each day will focus on developing fundamental skills in large and small groups. The second half of each day will be dedicated to competitive applications such as games and scrimmages. Beginners and experienced players are all welcome! This is a great camp to prepare for the upcoming football season!

Dates: July 15th-19th

Location: Winona Family YMCA

Grades: 4-6

Times: 9:30 AM-12:30 PM, Monday-Friday

Price: $65 member | $90 non-member

Y-LEADERS

Empowering youth to become strong leaders through service

Y-LEADERS

PROGRAM DESCRIPTION

The Y Leaders Camp offers a variety of youth leadership opportunities, with an emphasis on the Y's core values, character development, and teamwork. Y Leaders will have opportunities to participate in creating and leading group activities for YMCA Summer Child Care and at Camp Wenonah. This is a perfect opportunity for your student to be active this summer and experience real-world situations as they transition from youth to teen, while helping the community and developing lasting life-skills and friendships. Campers should bring a lunch, afternoon snack is provided daily.

Date: August 5-9

Location: Winona Family YMCA Youth Center

Ages: 6-9th

Times: 8:30-4:30, Monday-Friday

Price: $115 member | $140 non-member

Frequently Asked Camp Questions

GRADE RANGE

Campers are considered for the grade they are **entering into**. For example, if you child was in preschool in 2018-2019 and will be entering into kindergarten next year, they should attend kindergarten grade weeks. Exceptions can be made, based on approval of the camp's Coordinator or Directors.

CONTACTS FOR CAMPS

Alexa Shapiro, ashapiro@winonaymca.org.

Camp Wenonah Traditional and Adventure Camps, Junior Counselors, Extended Care.

Skylar DeGroot, sdegroot@winonaymca.org.

Sports Samplers and Pre-Season Football Camps

Leah Pasiuk, lpasiuk@winonaymca.org.

Specialty STEM and Arts Camps, Y Leaders

EXTENDED CARE

Opportunities for childcare after camps

EXTENDED CARE

HALF DAY EXTENDED CARE

Extended care is available for participants of half day camps. Care will be available from 12:30—6:00 pm, Monday-Friday, on weeks where there are half day camps.

Anyone is welcome to register for extended care. Youth will be brought to the youth center after camp ends each day. They will join age-alike groups in our Summer Childcare program and participate in theme-week activities with their peers. If enrolled in extended care, please bring a lunch. A healthy afternoon snack will be provided.

Date: June 10-August 16, no extended care the week of July 4th

Location: Winona Family YMCA Youth Center

Ages: K-8th

Times: 12:30-6:00 PM, Monday-Friday

Price: $40/weekly member | $50/weekly non-member

AM/PM EXTENDED CARE

Extended care is also available before camp and after full day camps. Care is available 6:30-8:30 am and 4:30-6:00 pm, Monday-Friday.

Anyone is welcome to register for extended care. Youth will spend the morning and afternoon in the Youth Center, participating in daily activities and free time. Morning registrations will be provided breakfast.

Date: June 10-August 16, no extended care the week of July 4th

Location: Winona Family YMCA Youth Center

Ages: K-8th

Times: 6:30-8:30 AM and/or 4:30-6:00 PM, Monday-Friday

AM Price: $20/weekly member | $25/weekly non-member

PM Price: $15/weekly member | $20/weekly non-member

Those registered for PM extended care for part time camps will receive AM extended care at no additional cost.

WINONA FAMILY YMCA
For Youth Development

Winona Family YMCA
207 Winona Street
Winona, MN, 55987
P 507-454-1520

http://www.winonaymca.org